

R8153

Sub. Code

724203

B.Sc. DEGREE EXAMINATION, APRIL – 2023

Second Semester

Yoga

PATANJALI YOGA DHARSANA

(CBCS – 2022 onwards)

Time : 3 Hours

Maximum : 75 Marks

Section A

(10 × 2 = 20)

Answer **all** the questions.

1. What is citta?
2. State the meaning of yoga.
3. Write any two types of samprainatah samadhi.
4. List down any two types of asamprajntah samadhi.
5. Define kriya.
6. What is avidya?
7. Define dharana.
8. Mention any two types of chitta parinamah.
9. State any two types of karmas.
10. Define samadhi.

Section B

(5 × 5 = 25)

Answer **all** the questions, choosing either (a) or (b).

11. (a) Describe the commentaries of Patanjala Yoga Sutra.

Or

- (b) Write a note on Ishwara Pranidhana and Samprajnata.

12. (a) Write short notes on Yoga Lakshanam.

Or

- (b) Elaborate the kinds of Samapatti.

13. (a) Elaborate the concept of kriya yoga of Patanjali.

Or

- (b) Write short notes on theory of kleshes.

14. (a) Discuss the Vivek Jnana Nirupanam.

Or

- (b) Write a note on Dhyana.

15. (a) Explain the types of siddhis.

Or

- (b) Write a note on jatyantara parinamh.

Section C

(3 × 10 = 30)

Answer any **three** questions.

16. Write an essay on Patanjala Yoga Sutra.
17. Explain the Samadhi Pada in detail.
18. Describe the concept of Dukhavada in detail.
19. Elaborate the types of chitta parinamah.
20. Discuss the types of karmas in detail.

R8154

Sub. Code

7242A1

B.Sc. DEGREE EXAMINATION, APRIL – 2023

Second Semester

Yoga

Allied-II:HUMAN ANATOMY AND PHYSIOLOGY-II

(CBCS – 2022 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** the questions.

1. What is reflex action?
2. State any two function of ear.
3. Write any two importance of endocrine gland.
4. List down any two function of hormone.
5. Name any two part in the male reproductive system of human.
6. What is pregnancy?
7. What is ultrafiltration?
8. State any two organs is excretory system.
9. What is immunity?
10. Mention any two function of lymph.

Part B

(5 × 5 = 25)

Answer **all** the questions, choosing either (a) or (b).

11. (a) Describe the structure and function of eye.

Or

- (b) Narrate the function of human brain.

12. (a) Discuss the role of yogic practices on endocrine system.

Or

- (b) Elaborate the mechanism of hormone action.

13. (a) Briefly explain the female reproductive system of human.

Or

- (b) Write a note on menstrual cycle.

14. (a) Narrate the impact of yoga on excretory system.

Or

- (b) Write a note on selective reabsorption.

15. (a) Explain the types of immunity.

Or

- (b) Write short notes on thymus and spleen.

Part C

(3 × 10 = 30)

Answer any **three** questions.

16. Elaborate the effect of yoga on nervous system.
17. Explain the structure and function of endocrine gland.
18. Describe the effect of yoga on reproductive system.
19. Write an essay on kidney and urinary bladder.
20. Discuss the effect of yoga on lymphatic and immune system.
-